

Year Plan for Grade 3/4 Physical Education

Ste Rose School 2021-2022

Nathan Zadorozny

|                       |   |   |   |   |  |
|-----------------------|---|---|---|---|--|
| Dates:                | September   | October   | November  | December  | January  |
| Dimension             | Soccer Unit   | Volleyball Unit   | Basketball Unit   | Low Organized Games Unit  | Badminton Unit   |
| Unit/Activity Choices | Games<br>-Cooperative<br>-Net/Wall<br>-Target<br>-Organized Competition<br>-Skill Sets  | Games<br>-Cooperative<br>-Target<br>-Organized Competition<br>-Skill Sets               | Games<br>-Movement<br>-Hoop/Target<br>-Organized Competition<br>-Skill Sets             | Games<br>-Locomotor<br>-Team Challenges<br>-Organized<br>-                              | Games<br>- Team/Competition<br>-Net/Wall<br>-Target<br>-Organized Competition<br>-Skill Sets |
| General Outcomes      | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits Health<br>C-Cooperation<br>D-Do It<br>Daily...For Life.             |
| Assessment/Evaluation | -Daily Participation<br>- Observations<br>-Checklists<br>-Individual Feedback           | -Daily Participation<br>- Observations<br>-Checklists<br>-Individual Feedback           | -Daily Participation<br>- Observations<br>-Checklists<br>-Individual Feedback           | -Daily Participation<br>- Observations<br>-Checklists<br>-Individual Feedback           | -Daily Participation<br>-Observations<br>-Checklists<br>-Individual Feedback                 |
| Resources/Facilities  | Gym/ Fields   | Gym/<br>Outdoor<br>Systems  | Gym   | Gym   | Gym  |

|                       |   |   |   |   |  |
|-----------------------|---|---|---|---|--|
| Dates:                | February  | March   | April   | May   | June   |
| Dimension             | Outdoor Ed/Activity Unit  | Low Organized Games Unit  | Diversity Games Unit  | Individual Games  | Track and Field  |
| Unit/Activity Choices | Types-<br>-Cross Country Skiing<br>- Snowshoeing<br>-Quinsy Building                    | Games<br>-Cooperative<br>-Target<br>-Organized Competition<br>-Skill Sets               | Games<br>-Coop games dealing with games played around the world                         | Games<br>-T-ball<br>-Softball<br>-Variations of outdoor volleyball, badminton, basketball | Games<br>-Cooperation<br>-Skill Sets<br>-Running, jumping, team activities       |
| General Outcomes      | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life. | A-Activity<br>B-Benefits<br>Health<br>C-<br>Cooperation<br>D-Do It<br>Daily...For Life.   | A-Activity<br>B-Benefits Health<br>C-Cooperation<br>D-Do It<br>Daily...For Life. |
| Assessment/Evaluation | -Daily Participation<br>-<br>Observations<br>-Checklists<br>-Individual Feedback        | -Daily Participation<br>-<br>Observations<br>-Checklists<br>-Individual Feedback        | -Daily Participation<br>-<br>Observations<br>-Checklists<br>-Individual Feedback        | -Daily Participation<br>-<br>Observations<br>-Checklists<br>-Individual Feedback          | -Daily Participation<br>-<br>Observations<br>-Checklists<br>-Individual Feedback |
| Resources/Facilities  | Gym   | Gym   | Gym   | Gym   | Gym  |