

Quick overview of the plan for the year.

**September**

- Soccer, kicking, passing, space awareness
- Soccer baseball
- Running
- Outdoor activities (tag games, etc.)
- Health

**October**

- Volleyball (with a beach ball), increase hand eye coordination
- objective games (running, planning, throwing, etc.)
- Yoga
- Running games
- Health (Fire safety)

**November**

- Throwing/dodging/catching/jumping games
- Team games
- Health

**December**

- Relay Races
- Little organized games

-Health

### **January**

-Dribbling games

-Parachute Games

-Hand eye coordination

-Health

### **February**

-Badminton

-hand-eye coordination games

-Organized games

-Health

### **March**

-Tag games

-Target games

-Health

### **April**

-Territory games

-Target games

-Fitness

-Health

### **May**

-Outdoor games

-Striking games/Field games

-Team games

-Health

### **June**

-Little organized games

-Striking/Field games

-Student choice

-Health

**Method of assessment:** Students will be assessed on daily participation, observations, checklists, and individual feedback.

\* This course outline and the evaluation breakdown may be subject to change. \*