

Quick overview of the plan for the year.

September

- Soccer, kicking, passing, space awareness
- Soccer baseball
- Running
- Outdoor activities (tag games, etc.)
- Health

October

- Volleyball (with a beach ball), increase hand eye coordination
- objective games (running, planning, throwing, etc.)
- Yoga
- Running games
- Health (Fire safety)

November

- Throwing/dodging/catching/jumping games
- Team games
- Health

December

- Relay Races
- Fitness (work outs)

-Health

January

-Dribbling games

-Parachute Games

-Hand eye coordination

-Health

February

-Little organized games

-hand-eye coordination games

-Health

March

-Tag games

-Target games

-Health

April

-Territory games

-Target games

-Fitness

-Health

May

-Outdoor games

-Striking games/Field games

-Team games

-Health

June

-Little organized games

-Striking/Field games

-Student choice

-Health

Method of assessment: Students will be assessed on daily participation, observations, checklists, and individual feedback.

* This course outline breakdown may be subject to change. *